



## BCACCS WORKSHOPS

Our two Child Care Advisors present early childhood development training workshops throughout BC, by request and on-site within communities both on-reserve and off-reserve. Our workshops are designed to help parents, volunteers, early childhood educators and other early childhood development staff, enhance their skills and knowledge so they can promote and encourage the development of our young children.

### Things to know about our workshops:

- Professional Development Certificates are provided to all participants who complete a workshop, and can be used toward ECE licence renewal within BC.
- For a workshop to be presented in a medium to large community, we normally require at least 10 participants per workshop. For small and/or remote communities, we can arrange to present to smaller groups; please call us to discuss details.
- We offer daytime, evening or weekend workshops to fit your schedule.
- Some of our workshops can be shortened or lengthened to fit your schedule; others require a set amount of time to deliver all the content; please call us to discuss details.

Because our Child Care Advisors are regularly updating their workshops and expanding their repertoire, we recommend that you contact them directly to determine what workshop best fits your needs, or how one of our existing workshops can be adapted and presented to fit your needs:

**Kirsten Bevelander**, Child Care Advisor  
604.913.9128 ext. 227  
[kirsten@acc-society.bc.ca](mailto:kirsten@acc-society.bc.ca)

### BCACCS Workshops

#### **Ages and Stages Questionnaires<sup>®</sup> (ASQ-3<sup>™</sup>) (3-6 hours)**

The ASQ-3<sup>™</sup> is a low-cost, reliable assessment tool for screening infants and young children for developmental delays during the crucial first 5 years of life. The questionnaire covers five key developmental areas: communication, gross motor, fine motor, problem solving, and personal-social. Workshop participants will learn how to use the ASQ-3<sup>™</sup> screening tool with families in their program or community.

**Facilitator: Kirsten Bevelander**

**PLEASE NOTE** that workshop participants do not receive the ASQ-3<sup>™</sup> screening tool at the workshop; participants who decide (before or after taking the workshop) that they want to use the tool in their program must purchase the ASQ-3<sup>™</sup> from Brookes Publishing. To find out more about the ASQ-3<sup>™</sup> go to this link: <http://agesandstages.com/products-services/asq3/>

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**Ages and Stages Questionnaires®: Social and Emotional (ASQ:SE-2) (3-6 hours)**

The ASQ:SE-2 is another low-cost, reliable assessment tool that helps home visitors, educators, caregivers, parents and service providers to assess children's social and emotional development. The seven key behavioural areas covered by this screening tool include: self-regulation, compliance, adaptive functioning, autonomy, affect, social-communication, and interaction with people. Workshop participants will learn how to use the ASQ:SE-2 with families in their program and learn more about children's social and emotional development.

**Facilitator: Kirsten Bevelander**

**PLEASE NOTE** that workshop participants do not receive the ASQ-SE-2 screening tool at the workshop; participants who decide (before or after taking the workshop) that they want to use the tool in their program must purchase the ASQ-SE-2 from Brookes Publishing. To find out more about the ASQ-SE-2 go to this link: <http://agesandstages.com/products-services/asqse-2/>

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**Assessment, Evaluation and Programming System® (AEPS®) (one or two days)**

The AEPS® is a comprehensive intervention and evaluation system for children from birth to six years old that allows ECE/ECD professionals to assess and monitor six key developmental areas: Fine Motor, Gross Motor, Cognitive, Adaptive, Social-communication, and Social. The AEPS® will assist in identifying educational targets tailored to each child's needs, formulating developmentally appropriate goals, conducting before and after evaluations to measure the progress of interventions, and involving families in the entire process. One day training sessions are designed to introduce or review the model. Participants new to AEPS® will need to take further training before being able to use the tool fully. To ensure learning needs are met, the workshop is limited to a maximum of 25 participants.

**Facilitator: Kirsten Bevelander**

**PLEASE NOTE** that workshop participants do not receive the AEPS® tool at the workshop; participants who decide (before or after taking the workshop) that they want to use the tool in their program must purchase the AEPS® from Brookes Publishing. To find out more about the AEPS®, go to this link: <http://www.brookespublishing.com/store/books/bricker-aeps/index.htm>

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**Best Practices in Aboriginal Early Childhood Programs (minimum 3 hours, up to a full day)**

This workshop will focus on the second edition of the BCACCS publication *Handbook of Best Practices in Aboriginal Early Childhood Programs (2011 edition)*. Topics discussed include implementing culturally focused curriculum, teaching traditional languages, networking, program policies and procedures, program evaluation and child assessments and screening. Participants should bring examples of program resources and materials for sharing. Participants can purchase their own copy of the Handbook (\$20 each for participants at the workshop).

**Facilitator: Kirsten Bevelander**

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**Bringing Tradition Home: Aboriginal Parenting in Today's World – Facilitator Training (one or two days)**

*Bringing Tradition Home* (BTH) is a traditional Aboriginal parenting program designed upon traditional values, which relies on the input and expertise of individual knowledge keepers who will add their knowledge and cultural ways for the benefit of parents in their own communities. This workshop is facilitator training which teaches participants how to deliver the BTH parenting program to parents in their own community and to provide support and guidance to those parents as they learn about and gain skills for supporting the development of young children. For more information about the BTH program and facilitator training, see our website ([http://www.acc-society.bc.ca/files\\_2/bringing-tradition-home.php](http://www.acc-society.bc.ca/files_2/bringing-tradition-home.php))

**Facilitator: TBA**

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**Caring for the Caregiver (up to one day)**

This interactive workshop covers topics such as recognizing signs of stress and burnout and building positive work relationships. It explores ways to rebuild enthusiasm in your work life by practicing activities to improve relationship communication, deal with feelings of fear and anger, create positive support systems, and understand your values and beliefs. The workshop will incorporate teachings from the Medicine Wheel and other cultural traditions.

**Facilitator: Kirsten Bevelander**

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**Community Asset Mapping (half day)**

This workshop will help participants make the most of their community resources as supports for their ECE/ECD program. The Asset Mapping tool helps a community recognize gaps in services so that funding needs become clearer and partnerships can be developed. Participants will practice using the tool through various activities. The Community Asset Mapping workshop may be partnered with the Introduction to Proposal Writing workshop.

**Facilitator: TBA**

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**Connections: A Strength-Based, Family-Centred Approach to Assessment (one day)**

This introductory workshop, based on the "Connections: A Strength-Based, Family-Centred Approach to Assessment" BCACCS resource, highlights strength-based practices that support educators to increase their knowledge of screening and assessment tools and methods used in early childhood development. Participants will receive an overview of the BCACCS resource and learn about the continuum of assessments and screening tools through practical and interactive activities.

There is an extra cost of \$30 for participant manuals.

**Facilitator: Kirsten Bevelander**

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### **Coping with Aggression: Supporting Toddler Interactions through Communication and Planning (3 to 6 hours)**

Educators who work with toddlers often struggle with how to deal with behaviour like biting, hair-pulling, pushing and grabbing. This workshop assists participants to understand the motivation behind this type of challenging behaviour. We practice strategies that can assist with responding in the moment of crisis but most importantly we look at ways educators can promote problem solving and positive communication. Participants should come with an open mind, ready to share their stories and experiences and with energy to make changes in their practice.

**Facilitator: Kirsten Bevelander**

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### **Creating Successful Environments and Engaging Curriculum for Infants and Toddlers (2 to 4 hours)**

In the first three years of life children go through the most intensive period of brain development they will ever experience in their lifespan. In order to capitalize on this critical period of development very young children need to be in supportive, nurturing and engaging environments. In this workshop participants explore how to design dynamic and interactive learning environments. Together, we explore beautiful programs and activities created by other educators, share our own success stories and brainstorm new ideas. Participants review the benefits of frequently adapting the environment and materials; how to adjust the flow of the program in response to child needs and learn strategies to re-evaluate their practice.

**Facilitator: Kirsten Bevelander**

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### **Designing Culturally Focused Early Childhood Curriculum (up to one day)**

Learn to develop and implement culturally focused curriculum and resources that draw upon local First Nations cultures. Locally developed curriculum relies on input from parents and community members and is accepted and used more meaningfully by caregivers and child care centres.

**Facilitator: TBA**

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### **Enhancing Community Participation in Aboriginal ECD Programs (half or full day)**

This workshop will help participants think about strategies to involve parents and community members in their ECE/ECD program. There will be discussion about the importance of cultural safety, community protocol, and identifying useful local resources. Participants will take part in an activity that can be used in their centre to invite community participation.

**Facilitator: TBA**

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### **Fetal Alcohol Spectrum Disorder (one day)**

This workshop includes descriptions and definitions of Fetal Alcohol Spectrum Disorder (FASD), the effects of FASD, a video, and group discussions about how FASD affects your community, as well as strategies for making a difference. Local resources are also discussed.

**Facilitator: Kirsten Bevelander**

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**Introduction to Program Evaluation (minimum 4 hours, up to a full day)**

Program evaluation is a tool used to measure whether a program is doing what it aims to do. It is not a test, but an opportunity to improve and build on the existing program and to showcase our strengths. Through a combination of lecture presentation, small group work and hands-on activities, this workshop outlines the basics of program evaluation and discusses issues such as: why we would want to evaluate our programs, what areas or aspects of our programs might we choose to evaluate, and how do we choose the methods and approaches that are best suited to our particular program? Workshop participants will also be invited to look at some tools and strategies currently used for program evaluation in Aboriginal early childhood settings, and will be provided with reference materials and handouts to take back to their programs.

**Facilitator: TBA**

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**Introduction to Proposal Writing and Fundraising Strategies for Early Childhood Programs (half day)**

This introductory level workshop will teach participants the basics about proposal writing. Participants will take away a variety of handouts and resource sheets including: guidelines for writing grant proposals and funding applications; information about “plain language” and quick tips to help you write more clearly; community fundraising ideas; a sample proposal; and proposal writing resources/guidebooks (available online or provided at the workshop in PDF format on a CD). The Introduction to Proposal Writing workshop may be partnered with the Community Asset Mapping workshop.

**Facilitator: TBA**

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**Learning to Read Each Other: Teaching Emotional Literacy to Children (up to half a day)**

The strong development of social and emotional skills in children is one of the best predictors of academic and life-long success. In this age of technology children spend less time in face-to-face interactions which has an effect on their ability to develop critical emotional literacy skills. In this interactive workshop, participants will be introduced to a wealth of children’s literature that can be used as a jumping-off point for teaching Emotional Literacy. Together we will brainstorm and share ideas for expanding emotional content found in books, stories or legends and come up with ways to extend that teaching to other aspects of your program. Participants will leave with a book list and the generated ideas of how to get started right away.

**Facilitator: Kirsten Bevelander**

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***Moe the Mouse*<sup>®</sup>: Making the Most of Moe (one day)**

The *Moe the Mouse*<sup>®</sup> Speech and Language Curriculum Box is an innovative early speech and language curriculum box that uses Aboriginal toys and stories to enhance speech and language development in children ages 3 to 5. *Making the Most of Moe* is a workshop developed, owned and facilitated by Anne Gardner and Margaret Chesterman, the Speech-Language Pathologists who developed *Moe the Mouse*<sup>®</sup> for BCACCS. This workshop teaches educators and parents how to use the Curriculum Box, and also reviews the basics of speech and language development in young children, strategies for supporting children's speech and language development, and strategies for supporting children with speech and language delays in childcare, preschool, and home settings.

**Facilitator: Anne Gardner or Margaret Chesterman**

**PLEASE NOTE** that workshop participants do not receive a *Moe the Mouse*<sup>®</sup> Curriculum Box as part of the workshop; participants who decide (before or after taking the workshop) that they want to use *Moe the Mouse*<sup>®</sup> in their program must purchase the Curriculum Box from BCACCS.

**PLEASE ALSO NOTE** that BCACCS makes the scheduling arrangements for this workshop, but it is facilitated by outside contractors. We do not deliver this workshop ourselves, and professional fees are charged for the presentation of this workshop.

**FOR MORE INFORMATION** about purchasing a Curriculum Box and about workshop costs, please see our website ([www.acc-society.bc.ca](http://www.acc-society.bc.ca)) or contact [library@acc-society.bc.ca](mailto:library@acc-society.bc.ca)

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**Team-Building, Leadership, and Management (minimum 3 hours, up to two days)**

This participatory, interactive workshop explores and examines the topics of team building, leadership and management. Participants will learn about and discuss strategies and activities to promote teamwork, build a strong team, and become an effective manager and leader. Come prepared to ponder and discuss questions such as: why is teamwork important, what makes a team effective, and how can you develop and enhance your own leadership and management skills as well as encourage and nurture those skills in your colleagues? The session will include handouts as well as large and small group discussions and activities to promote your knowledge, skills and awareness of team building, leadership and management.

This workshop can be adapted to emphasize the particular issues and topics that you want to focus on for your team. Please discuss with our Child Care Advisor when scheduling the workshop.

**Facilitator: Kirsten Bevelander**

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**The Importance of Positivity: Strategies to Increase Children's Positive Behaviour (2 to 4 hours)**

In this interactive workshop participants learn why fostering an environment of positivity has a direct effect on reducing challenging behaviours. We will look at how relationship development, supportive environments, and communication play key roles in the development of well-being and positive self-esteem. Additionally, participants will learn the art of 'rephrasing', the power of a positive attitude and how paying attention to what is working for the child works for you.

**Facilitator: Kirsten Bevelander**

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**Understanding Anxiety: Learning How Fear Impacts Behaviour (2 to 4 hours)**

Anxiety is a deceptive disability that masks the true feelings and motivations of individuals. Children's real or perceived fears will often show up in challenging forms of behaviour. If we as caregivers react to these behaviours we only cement the underlying anxiety and end up increasing the overall problem. In this interactive workshop we will explore: how anxiety sometimes looks in children, how to see beyond the surface behaviour, and how to understand the underlying fears. We will discuss strategies that support all children in reducing anxiety and learning to take appropriate risks.

**Facilitator: Kirsten Bevelander**

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***Fees apply to some workshops.***

***Please contact one of our Child Care Advisors to discuss fee details.***